

TABLE OF CONTENTS

Lesson 1 A Creative Approach to Diatonic 3rds	03
Lesson 2 Rhythmic Patterns for Improvisation	08
Lesson 3 Voice Leading Exercises	11
Lesson 4 A Creative Approach to Enclosures	14
Lesson 5 ii-V-I Altered Scale Exploration	17
Lesson 6 Melodies Based on Guide Tones	22
Lesson 7 Task Oriented Scale Exercises	26
Lesson 8 Melodies Based on the 9ths	30
Lesson 9 Messing with the Beat	33
Lesson 10 Cyclical Quadruplets	38